WHAT IN HERE?

What every Girlfriend wants…..
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INTRODUCTION

It passes through our mind almost every time as boyfriends, it’s what exactly got us here. The feeling of wanting to know what exactly your girlfriend wants and how exactly to please her. You reading this guide was caused by the feeling of wanting to fully satisfy your girl, and really make her happy and without knowing what she wants, you might get that feeling of being stranded without an iota of knowledge of what to do and how to keep her happy.

This guide has broken down all you need into very simple detailed steps to follow for being your girl’s perfect boyfriend. When I say perfect, I mean perfect! #Winks
Couple of years back, I got into my first relationship. Uh well, it was something I actually got into out of the fact that I just wanted to be in one. You know that feeling when you feel your friends are getting girlfriends and you should as well try it out.

For my first relationship, I didn’t care as much as I was just in it for the petty feeling of peer pressure. At that time, I didn’t care much to what my girlfriend felt or cared about, I didn’t even know what she wanted. Few months after, we broke up. I didn’t even realize what it was to be a boyfriend talk less of being a good boyfriend until I met
someone I really liked and was ready to get serious with months after. Being in love already, from absolutely no experience, I had to learn in the hard way what it meant to make a girl happy, feel loved and special. Overcoming all these, I got to understand that what every girlfriend wants could be broken down into three main parts. The Crown, The Love, Care, Affection and The Romance.

When a girl falls in love with you and says “YES” to your question of her being your girlfriend, the first thing she wants is “The Crown”, by “The Crown” I mean the feeling of being your woman. Uhmm…Let me say that the Crown is in some way different from Love and Affection, as it is the respect of her being your woman, your queen and the act of treating her like one.

Giving her the Crown is the process of beautifully treating your girlfriend like your woman. Giving her the Crown, you want to be able to show her off to friends, open the door for her like a gentleman, publicly display affection, and give her your time and attention when she needs it, these also includes so much more.

Many boyfriend makes this mistake, they feel that the fact they have shown her love and care that would be all. The truth is love and care would only make your girlfriend feel loved and cared for, but giving her the crown would make her feel special and super lucky for having you as her boyfriend. To your advantage, this feeling would make her see you as rare and different, trust me! That is a priceless view she would always adore and never want to lose.

After concluding giving her the Crown and getting to treat her like a Queen. Then Love, Care and Affection comes in. #Smiles…. You might be asking yourself right now that “what exactly is the difference?” Well, the Crown can be likened to the shallow stuffs, the petty act of making your girlfriend feel important. This are simple
stuffs like compliments, public display of affection, showing her off, getting the door for her and so on. This stuffs are emotionally shallow but still very important, but the Love, Care and Affection are the deep emotional connections between you and your girlfriend.

Let me help you understand! A guy that plays girls has the Crown game on to an extent, he makes the girl feel so important he is able to get anything from her but he never connects with her on a deep level. Being a perfect boyfriend is the ability to have the Crown game and deep emotionally game on, both really tight and in the right mix.

Love, Care and Affection are three different words with different meanings, though each definition is quite similar in a way. Love, Care and Affection have one main thing in common which is the deep emotional availability and connectivity. This “deep emotionally availability and connectivity” is the second thing every girlfriend craves for. As a perfect boyfriend you want to be able to deeply Love, Care for and show Affection towards your girlfriend at every time because she needs this from you even though she isn’t telling you. Every girlfriend needs her boyfriend to emotionally available, every girlfriend wants to have a deep emotional connection with her boyfriend.

The Romance is the last main thing every girlfriend wants. To me, the romance is divided into two main part; the “classy” and the “erotic”. Being a perfect boyfriend means being good at this two types of romance. The simple type of romance is what is popularly referred as “being romantic” as it is the process in which love and affection is being expressed on let’s say a day-to-day basis while the erotic romance is what is popularly referred as being “good in bed” as it is the ability to have awesome sex with your girlfriend.
You should always keep in mind these three main parts as your girlfriend might not spill it all with her mouth as it is up to you to actually know and act on these points.
THE RULES OF THE GAME; 
KEEPING THE FIRE 
BURNING

For every relationship to last happy and strong, you have to keep passion alive. The main reason most relationship drown is just because of the fact that the partners quit trying. The secret to a long lasting relationship is the ability to keep trying. Let me use a scenario as an example; the first time you meet someone you really like, you feel like there are butterflies in your stomach, you strive to do everything to make her happy. You work hard to make her smile and try your best to make her feel special, which right there is the definition of trying. To keep love and romance intact in your relationship, you have to keep the passion burning. Try these few tips and see how it works out.
LOOK GOOD. The problem with most guys after months of dating is they get used to being in a relationship and stop looking good. You should know that looking good, stylish and fit aren’t just for single people. You want your girl to never stop admiring you? Then don’t stop looking good. Hit the gym, keep good hygiene, improve your style of dressing, get a killer cologne and see the magic. Always know you not in a relationship to look like someone thrown in a trash can, a serious and longtime relationship isn’t a death sentence. Be proud of what you are in and show it in the way you live. Start to look good and see how your girl would admire you the more.

KEEP ROMANCE ALIVE. Keep romance alive, express the fact that love your girl not just in words but in action also. Don’t be too big to give her a good morning kiss or make breakfast for her in bed, cos this are simple romantic stuffs. Compliment her when you need to, write her a romantic note and put it where she’ll find it and also send her romantic text messages from time to time. My point is, keep romance alive! If you love her so much to make her your girlfriend then don’t be afraid to express it. Always spice up your relationship with quality romance.

TREAT HER LIKE A QUEEN. Never seize to treat your girlfriend like a queen, she is your woman and you should make the world jealous about that. Take her out on routine basis for really nice dinner dates and buy her nice stuffs as gifts. The best time to give your girl a gift is when she isn’t expecting one, I mean on a very random day. Don’t get me wrong, giving your girl a gift on her birthday doesn’t change, you just have to learn to really surprise her on an occasional basis. If her friends aren’t jealous of her then you not done yet.

MAKE YOUR POINT. Being a boyfriend means having a lot of responsibilities, and having to take decisions alongside your girl for the betterment of your relationship. When you feel something should be done in a way or your girlfriend does something wrong you should never
be afraid to voice out. Being in a relationship is a mutual agreement and each partner should be allowed to voice out his/her opinions about stuffs. You should always learn to voice out your opinion. Some boyfriends understand these facts and decides to overdo it. NEVER HIT A WOMAN! No matter what, it is just a sign of weakness. The Relationship is a mutual agreement between two partners, so you are very well allowed to make your points verbal and unaggressive. Let stop domestic Violence!

RESPECT HER POINT: As I said before, don’t be afraid to voice out and make your points, you should also never forget to respect hers. As I said and would still say, a relationship is a very mutual agreement meaning it involves two to tangle. As a boyfriend, make your points and love and respect your girlfriend's opinion as well.

HAVE GREAT SEX: To keep the fire burning, you have to keep yourself up to date when it comes to matters of the bedroom. Indulge in Quality Foreplay, improve your sex techniques and positions for greater pleasure. You can refer to some of the articles below to help expatiate on the points I just made.

Read: All about Foreplay, Learn to have sex like pro and Explore sex positions
MR. ROMANTIC

Every girlfriend wants her boyfriend to play Mr. Romantic every once in a while. It shows her that he is capable of expressing his love for her. This chapter of the boyfriend rules is totally focused on how to help you learn how exactly to play that character perfectly.

To start with, you should know romance is an act, it is simply the method or ways you use in expressing your love for someone. Therefore the ability to actually express ones love for the other person smoothly and perfectly is called the act of being romantic.
These therefore narrows us down to question of “how do I become a romantic boyfriend?” Well, below I might have some tips to help.

1. BEING UNPREDICTABLE: You can agree with me that it is less fun when exactly you are able to predict a surprise someone has for you right? Then you should understand that for you to be perfectly romantic, you have to be unpredictable. She shouldn’t be able to find out when you are about to surprise her or what you are about to surprise her with. To be perfectly romantic, you have to learn the act of not being predictable.

2. BE DIVERSE: Most guys stick to one kind of thing when it comes to being romantic. They do daily routine of probably getting her flowers over and over again without bothering to try something new. Every girlfriend would get stunned at something new. So try to you know, get diverse when it comes to your expression of love to your girlfriend. You can try new simple stuffs like writing her a romantic note and putting it where she would definitely, send her a romantic text message when she would least expect. Organize a surprise dinner for her, you know just try to put a little something that is totally different from what you are used to and you would surely get her stunned.

3. SENSITIVITY: This I would say is the act of being able to pay attention to details. If you still have to ask your girlfriend what she wants for her birthday just because you have no idea then you are not sensitive enough as a boyfriend. As a perfect boyfriend you should be able to pay close attention to details of what your girlfriend would want. For a girl, she would once in a while say what she wants even if she doesn’t notice it. As a boyfriend. You are expected to be able to pay attention to your girl’s like, dislikes, desires and what she wants.

4. DON’T HOLD IT IN. Of what use is holding in how exactly you feel about your girl just because you don’t want to do too much. How exactly is she supposed to see or feel how much you love her
if you don’t express it? You should never be afraid to express your love for your girlfriend.

As I said early that the act of romance is divided into two main parts which is the classy and erotic. This chapter has given you an insight to what the classy romance is all about. The next chapter would further expatiate what the erotic romance is all about.
THE SHADES OF SEX.

Learning the right way to turn a girl on is all about mastering the basics. Romancing and arousing a woman, I would say is an art. To do it right, you have to strike the perfect balance between being aggressive and coy. You have to know how to touch your girl’s body and turn her on and also to understand what she wants—and when she wants it.

The Erotic romance is a step-by-step process. Most boyfriend choose to just jump into sex and Arrghhh... they are done. This isn’t the best way to perfect let your girl enjoy you in bed. I have taken the time to pick the points from scratch on how to turn your girl on the most before sex.

- **Her body “Sensitivity”:** Girls have different “ON” spots, different areas or spot on their body that turns them on and
each spot acting at different proportions, making different impacts. Now the question is how exactly do you know what spot turns your girl on? The Answer is “Sensitivity”, paying attention to details. I would be mentioning quite a few but despite that fact, you have to pay close attention to how exactly her body reacts when you make a move on it. Knowing what gets her on the most, what has less effect so as to know what exactly to pay attention to.

• **Your Moves**: You have to pay close attention to your moves, what exactly you are doing and how much its making an effect on her. Knowing when to speed up and the right time to slow down.

1. **Create a sexy atmosphere.** If you create a sexy atmosphere, your girl will be turned on before your first kiss. You should make sure that the lighting, smell, and sounds in your crib are set for romance. You should optimize all these to a sexy environment that suites you. Try and avoid possible distractions and obstruction too. You don’t want to be in the middle of turning your girl on and a friend knocks, if you know what I mean.

2. **Have sexy reinforcements.** Your home should be prepared for sexiness in advance, so the mood can stay hot and you can avoid interruptions. Here are a few key items to always have in stock: Be prepared with and red wine and any other beverages you lady might like. Chances that you’ve come back f rom drinking at a sexy dinner and to keep things smooth and going, you have to have an extra to sip on.

3. **Make her feel comfortable.** Once you have sex the mood, you should begin to turn your girl on by making her feel comfortable enough. If she is relaxed, she is more likely to hook up.

4. **Break the Touch Barrier.** As your lady is comfortable and relaxed, she would need you to come closer. To turn on, you have to break
the touch barrier. Begin touching her subtle ways to initiate foreplay. The touch barrier you are breaking has to set way for your kiss.

How exactly do you break the touch barrier? The following tips should help you out:

1. **Steady Eye contact**: Keep steady eye contact when trying to break the touch barrier. You have to show you are connecting to her in a much deeper level.

2. **Sweet Words**: With your steady eye contact, you have to initiate sweet words. Tell her sweet things that would make her blush and feel special. By doing this she loses guard of what exactly is around and she therefore is opened emotionally and sexually.

3. **Touch Her**: After telling her sweet words and with you still having a steady eye contact with her, touch her gently in a very sensitive part of her body. This could be her thigh, neck, knee, elbow, over her breast etc. and run your finger gently through this part making sure it gives her a thrill. After which you initiate the kiss.

5. **The Kiss**: The Kiss is the first big move you’ll have to make, and you have to get it right to take your night to the next level. How exactly do you initiate this kiss? Hmmmm... but before I answer that there are some factors you have to consider before initiating the kiss:

   1. **Clean Breath**: Ensure to have clean breath when you about to initiate a kiss. Bad breath is a really big turn off. Take a mint gum before to ensure clean breath and use a little lip balm.

   Proceed to tilting your head to side a bit to take your kiss. Add spices of passion to the kiss to ensure it thrills your lady. To get you kiss more exciting, move your hand through your lady’s hair and gently grab her by the neck drawing her face closer making the kiss more intimate.
6. **The Next Move**: Proceed to rolling your fingers gently from her neck down to the top of her breast, this will pique and enhance her and she would get horny. Do the same thing up her thighs straight to the middle of her leg and she would go crazy.

7. **Remove her bra**: It is always advisable to turn your girl on as much as possible before sex, indulging in quality foreplay. To do this I'll advice you remove the bra cos the nipple is a hot spot to turn a girl on. Now you want to make use of her nipple to move her into the next level of being horny. Now you have to give her a thrill of what’s coming by moving your tongue gently around the nipple before sucking it. After which you give her a little more thrill by carefully moving your tongue up and down the head of her nipple faintly before sucking.

8. **How to Suck the Nipple**: To efficiently suck the nipple, you have to make good use of the tongue to caress the nipple. Make sure there is a little bit of moisture from your mouth to do that too and always avoid trying to aggressive drag out moisture cos there is really nothing in there. If you have to suck, Suck gently with little bit of tongue caressing the nipple.

9. **The Double-Threat**: Sucking her nipple would indeed take her to a whole level of being horny but you what would do it more? Caressing her clits. My Double threat rule would be to suck her nipple and with your fingers, caress her clits. As you proceed to suck the nipple, move your finger gently through her body, down to her navel, into her panties and start to caress her clitoris. This would make her go crazy. If you do not know where exactly the clitoris is? The clit is the upper part of the vagina. It’s a very sensitive part of a lady’s body. This part is also very important in enhancing orgasm.
10. **The Sensitive Body Parts**: To actively turn a girl on, you have to make your move around the most sensitive part of her body. I’ll be giving a list of most sensitive part of a lady’s body:

- **Her Neck**: This a very sensitive part of a lady’s body. When trying to turn her on, try kissing her on her neck. This will get her own.
- **Her Ears**: This also a very sensitive part of her body.
- **Her Shoulder Blade**: Kissing down her shoulder blade would get her turned on quicker than you expect.
- **Her Upper Arm**
- **In between her Fingers**: Use the tip of your finger to run through the middle of her fingers when trying to turn her on.
- **Her Breast**: Caress her breasts and nipples and see the magic.
- **In Between her Breast**: In between a lady’s breast is also a hotspot to turning a girl on.
- **Her Navel**: Use your tongue to gently caress her navel and see the magic.
- **Her lower Belly**: When a girl gets horny, her lower belly gets sensitive. Kiss and use tongue to gently caress her lower and this will make her go crazy.
- **Her Thighs**: A lady’s thighs are super sensitive when she’s horny and ticklish when she is not. Get her horny and kiss, also using your tongue to gently caress her thighs.

- **Her Knee**
- **Her Ankle**
- **Her Toes**
- **Her Butt**

II. After which you have caress her clits and gotten her really horny, indulging in quality foreplay, you want her to have the best sex possible. Take time to explore different **sex positions** giving her a whole new sex experience. Below I have made a list of Different
kind of sex you should have at least once. This would open you and your lady to a whole new experience.

- **The Zero-Inhibitions Sex.** Whether it happens when you're feeling extra ballsy on vacation or when you're one martini over your limit, this sex is when you totally let go. You'll turn up the volume, try things you haven't had the guts to before, and drive both you and your lady *completely wild.*

- **Sex That's So Good You Accidentally Break Things**
  This is when you're so out of your mind with pleasure that you have pretty much no control over where you grab/flail/kick. So the lamp is shattered, your shower curtain is ripped, your headboard is broken, and your laptop is fried after that glass of water dropped on it. Eh, it happens. She will definitely tell your friends about this one.

- **The OMG-I-Can't-Believe-I-Did-That Sex**
  Sexual thrill-seeking isn't for everyone, and that's more than okay, but admit it: There's something out there that excites you as much as it makes you nervous. Public sex, your lady using sex toys, role playing—whatever. Whether it ends up being awesome or awful, it's pretty brave to check something off your list that you kind of, sort of, *definitely* have been wanting to try.

- **The Super-Loud, Piss-Off-Your-Neighbors Sex**
  Come on, one night of ditching your manners won't get you kicked out. Whether it's blasting your sex playlist, moaning more than usual, or making a dent in your wall with the headboard, this is the kind of sex that will make it *weird* the next time you see the woman in 2A.

- **Sex With the BEST Possible Soundtrack**
  First of all, if you don't have *that* song yet—you know, the one you have a long-standing, emotional relationship with that you can also see yourself having amazing sex to—you need to go out and find it, stat. And then, you'll eventually
have it on while you're hooking up and it will be the best ever.
OVER TIME

A long lasting and serious relationship would really take a lot of dedication, and efforts to pull through. Over time love would get stronger but passion might seem to fade. You have to understand that you should never quit trying. One of the biggest secret for a lasting relationship should be the ability to say “SORRY”. No matter how small that word might look like, you would need it to help sustain your relationship. Ego when you know you have done something wrong can kill your relationship, get humble and say “SORRY”.

Another point to keep in mind for a long term relationship is that you and your girl should never stop having fun. Boredom kills relationship faster than you think. Put everything you have into the love between you two and let it flow natural.

I guess this is the conclusion of my simple guide. You can read more about this topic and more on my Blog or contact me directly through my mail [mailto:contactwoolounge@gmail.com], which I’ll be happy and eager to reply for counselling and questions. It been nice have you my friend!